

OMAHA PEDALERS NEWSLETTER



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Wabash Wine Weekend

Saturday/Sunday September 1-2
8:30 AM

Start Point: Wabash Trace Trailhead

Southeast of Hwy. 92 and I-29, in Council Bluffs IA. Take I-29 south to Hwy. 92 and Exit East. Turn right at Hwy 275 (first traffic lights). Go about 1/2 mile south to trail head on right side of road just past Lewis Central High School.

Mileage: 57 miles each day, optional 10.8 ride to and back from Missouri State Line

Terrain: Flat Wabash Trace

Support: Fully sagged

Cost: \$20 Adults / \$10 Children

Food: Dinner provided

Breakfast on Sunday in Shenandoah (not included in fee)

Bring tent, sleeping bag for outdoor camping, indoor shower/restroom available

More information and details at
www.OmahaPedalers.org
[Facebook.com/OmahaPedalers](https://www.facebook.com/OmahaPedalers)

Please Register Online!





Magnolia Fall Classic

Saturday, September 8

8:00 am Long Ride, 9:00 am Short Rides

Start Point: Missouri Valley, IA Fairgrounds

Mileage: Long: 50 Miles

Short: 38 Miles & 22 Miles

(Or Drive out & meet us between 11 & Noon)

Terrain: Rolling Loess Hills

Support: Fully Supported

Cost: \$0 must be OPBC member to participate

Please register so we can get a count!

www.OmahaPedalers.org

**Food: Lunch at the Aronia Berry Family Farm at Sawmill
Hollow**

More information & details at

www.OmahaPedalers.org

Facebook.com/OmahaPedalers

Or Contact

Stephen Schnitker at

712-322-5816





Pedaler's Pasta Pigout (P³)

Saturday, October 13

3:00 PM

**Start Point: Metropolitan Community
College Applied Technology Center
10407 State Street**

Mileage: 24 miles

Terrain: Rolling Hills to Elk City

Or meet us at Mangia's for Dinner

Cost:-Money for Pizza, Pasta, Drinks

**Food:-Pizza, Pasta, etc. at Mangia's in
downtown Irving**

**More information and details:
www.OmahaPedalers.com or Face-
book.com/OmahaPedalers**



Ride at your own risk. Signed waivers and helmets required

Feeling Intimidated?

By Rhonda M. Hall

Newsletter Editor

At our last OPBC meeting, I happened to admit that on one of my first Signature Ride events, I loaded up my bike and drove over to the Missouri Valley Fairgrounds in Iowa. I was dressed in my jersey, bike shorts, bike shoes and had water bottles at the ready. After viewing all the bicyclists that I did not know, I turned around and drove home.

Maybe, you feel that way too. You feel intimidated. You don't want to ride alone but when you see all the people you don't know, you decide not to come. Maybe you are worried you will be too slow, your bike is too old, or your too out of shape.

You vow to do it next time, the next ride, the next event. You don't want anyone to wait for you and you feel like a burden etc, etc.

Let me assure you, that is not the case. You joined the Pedalers because of the comradery and the chance to enjoy your hobby with fellow enthusiasts. You wanted the exercise but have concerns.

If you do come to a signature event, we have people of all levels. We will wait for you, or if you don't want us to, we won't. We just don't want someone to feel abandoned. It is up to you.

All the people on the board are committed to helping fellow cyclists have an enjoyable ride. All the board members have scheduled rides and are happy to help anyone. We will meet and just ride with a couple of friends out for a sociable day, or if we can't we can find someone who can.

Three of our upcoming Signature rides are the perfect example. The **Wabash Wine Weekend** is a fun ride down the Wabash Trace. We stay at Izaak Walton's on the trail. You can camp or stay indoors. It's up to you. This is a great time to get to know fellow Pedalers and enjoy the activity on the trail. Last year, the trail was hopping with cyclists, runners and hikers. Everyone we encountered had a great holiday weekend. This ride costs \$20 for the rental facility and Saturday dinner. A weekend event that costs \$20! This is the perfect time to try out your tent or your bike for that trip you've always wanted to go on. This ride is fully supported.

This spring I did the **Little Sioux overnighiter**. I'm glad I did, because I realized I didn't have my tent stakes. I wouldn't have known that before **BRAN**. It was and is a great practice trip.

The **Magnolia Fall Classic** is also an excellent ride to the Aronia Berry Farm. You can pick 22, 38 or a 50-mile bike ride. This ride is also fully supported, so if you break down, we have someone who can pick you up. If you have a flat, many of members can help you change it.

The Aronia Berry Farm really makes you feel welcome, they have delicious food prepared just for us. This is a member only ride. We don't do that to be inclusive. We do it because this is a benefit of your membership. In other words, it is free to you a member.

The **Pasta Pedaler's Pigout** is a rolling hill ride that ends up back at the Metropolitan Community College Applied Technology Center at 10407 State Street. Afterwards, we drive to Mangia's for some seriously good pasta. Are you injured or have other concerns? Come meet us for dinner.

These are three great rides. The choice is up to you. Don't be intimidated. Don't wait for the next time, the next ride, or the next year. The time is now. Come out and ride.

From the Flanagan Lake website: <http://flanaganlake.com/>

Flanagan Lake, located near 168th and Fort Streets, is the 11th and latest flood control reservoir in the [Papillion Creek Watershed](#), which covers most of the Greater Omaha Metro Area. Its primary purpose is to protect the lives and property of Metro-area citizens from floods. The \$47 million project is the largest single project undertaken by the [Papio-Missouri River Natural Resources District](#), which results in increased public safety, better quality of life for Metro area citizens, and local and state-wide economic growth. Flanagan Lake officially opened to the public on June 27, 2018.

The Corporate Cycling Challenge was a success!
Thanks to Tom Cody for being our ace cub reporter in the field.





Tom Cody & OPBC Secretary Stephen Schnitker



BRAN Public Relations board member and OPBC member Lee Lazure, with Tom Cody and Public Relations board member and Corporate Cycling Challenge host, Bob Mancuso.



The Fort Calhoun turn around.

HISTORY RIDE

Thanks to Terri Connell for supplying pictures of the History ride.





The Rusty Spokes now meets every other week at 10:00 a.m. at Karen Park, 6288 H Street for a ride down the trail depending on weather and wind.

The Rusty Spokes evening edition meets at 4:00 p.m. for a ride to the Ballerme



The entrance to the Bellevue Berry Farm from the trail



The outside of the farm & a few bikes before the crowd.



